

OSCAR STYLE SECRETS YOU CAN USE

# InStyle

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beautytalk

## you asked

**Q** I'm pregnant. Are hair dye and nail polish safe? Highlights are perfectly fine because they're applied on few strands of hair and don't touch the scalp, says **Tarly Sharara**, a Reston, Va., reproductive endocrinologist. Sharara deems at-home color safe too, as long as it's applied after the first trimester. As for nail polish,

look for formulas free of toluene (such as Zoya, \$5; 800-659-6909, and Clinique, \$8; at department stores). The ingredient is a common cause

of allergic reactions, which can be problematic for pregnant women. Always consult your doctor if you have questions.

**Q** I love the look of false eyelashes. How do you use them? To get Beyoncé's dramatic effect (right), makeup artist Maly

Roncal first curled her real lashes with the Mally Beauty eyelash curler (\$19.50; [mally.com](http://mally.com)) to create a "seat" for false lashes. Next, using L'Oréal Double Ex-



ford mascara (\$7; drug-store), she applied the lash primer and one coat of black. She then trimmed the lash strips (Sugar lashes, \$7.50; 900-349-9538) to fit. Pro tip: To keep shortest lashes at the inner corner of eyes, which looks most natural, trim from the outer edge (false lashes are longest in the middle). Squeeze out a drop of lash adhesive and slide the base of the strip through it. Wait 10 seconds, then press both ends of the

strip onto the lash line for 10 more seconds. Roncal finished with black eyeliner and more mascara. —**Sue Chung**

Please send your questions to *In Style*, Beauty You Asked, 15-47E, 1271 Avenue of the Americas, New York, NY 10020, or e-mail us at [youasked@stylemag.com](mailto:youasked@stylemag.com).

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